



Lisa Fisher
ASSOCIATES

PLANNER

Give us
THIS
day



Give us THIS day



DATE:

S M T W T F S

TODAY I'M GRATEFUL FOR

- _____
- _____
- _____

TOP 3 PRIORITIES

- _____
- _____
- _____

ONE ACT OF SELFCARE I DID TODAY

#prioritizeYOU

REFLECTION

TODAY'S AFFIRMATION

- _____
- _____
- _____

WHAT WENT WELL

- _____
- _____
- _____
- _____

WHAT I WILL DO DIFFERENTLY TOMORROW

- _____
- _____
- _____
- _____

"And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."

PHILIPPIANS 4:7



Lisa Fisher Associates
TRAINER • CONSULTANT • SPEAKER • COACH